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AFTER-CARE INSTRUCTIONS FOR TATTOOS

The healing process of a tattoo takes about a week.

General health and physical fitness play a big role in this process. During the healing process, the tattoo may itch a bit. Personal hygiene is absolutely imperative during the healing time of the tattoo.

Immediately after tattooing is the tattooed spot covered with a wound spray, a sterile compress or a sterile adhesive transparent film.

The wound spray or adhesive transparent film should remain in place until the wound has healed (3 to 6 days). You can shower normally with the wound spray and the film. The wound spray wears off by itself. If some wound fluid develops under the foil, it might fall off earlier. If, however, the tattoo wound is covered with a sterile compress (not transparent) or fatty ointment and household foil, you can remove this after a few hours and treat the wound as described below.

Treat the tattoo wound as follows:

- Touch the tattoo as little as possible with your hands.
- Clean the spot twice a day with a mild unscented soap until the wound is healed completely.
- Dab the tattoo wound after washing gently dry with a clean towel or tissue.
- Lubricate the tattoo if desired (with washed hands) with the ointment that you were given by the tattooist.
- Don't have someone else use the ointment and do not use any other ointment.
- Do not use wound disinfectants like Sterilon or Betadine on the wound.
- Do not place plasters or bandages on the tattoo wound.
- Never wear tight or dirty clothes over the tattoo wound.
- Avoid bathing during the healing process (chlorine pools, hot tubs, natural swimming).
- Do not use the sauna or steam bath.
- Do not expose the wound to the sun or tanning (not even with sunscreen).
- Also, even after the tattoo is healed, always use a high protected sunscreen while sunbathing.
- In case of extreme redness, swelling, bleeding, suppurate, colour change of the wound or pain always check with your personal doctor and tattoo artist.